



- 8:15 a.m. – Registration
- 8:45 a.m. – JCMG Orthopaedic Center Ribbon Cutting
- 9:00 a.m. – Walk/Run begins
JCMG Rear Parking Lot (by bridge)

Adults & children are invited to enjoy a non-competitive morning of exercise on the Greenway Trail. Participants will follow the nearly 3 mile route, at their own pace, along the Greenway Trail to the Southwest Boulevard crossing and return to JCMG.

Adult participants receive a FREE T-shirt (while supply lasts) and children will receive a free giveaway. Participants can also enter for door prizes. Pre-registration not required.

*Free
T-shirts &
giveaways
for children.*

**Door Prizes
Include:
Ipod Nano
\$50 gift cards**

Join us—rain or shine!

For more information, please call 635-0234 ext. 5210 • www.jcmg.org

Sponsored by

JCMG



A UnitedHealthcare Company